



# FULVIC MINERALS+

Goodness in every drop. Fulvic Minerals+ provides an easy way to nourish and protect the gut. This exclusive blend delivers a broad range of bioavailable trace minerals from plant sources, plus our proprietary processed natural zeolite to support the gut and enhance detoxification. Simply add drops to your favorite drink every day to give your body a natural edge.\*

## 8 Health Benefits of Fulvic & Trace Minerals

### 1 Supports Gut Health

Compounds in fulvic acid nourish the gut and support a healthy microbiome.



### 5 Improves Energy Levels

Natural electrolyte minerals activate biological processes for increased energy.



### 2 Strengthens Immune Function

Over 70% of the immune system lives in the gut. A healthier gut means stronger immunity.



### 6 Supports Brain Health

Research suggests that fulvic acid has neuroprotective effects.



### 3 Boosts Nutrient Absorption

Trace minerals and fulvic compounds bolster the absorption rate of nutrients.



### 7 Fights Free Radicals

Fulvic acid and trace minerals act as antioxidants to combat damaging free radicals.



### 4 Optimizes Cellular Function

Fulvic acid compounds can easily pass through cellular membranes to support optimal cell function.



### 8 Supports Detoxification

Fulvic acid is believed to bind to some toxins, helping to detoxify the body.



## the good inside



### Fulvic Acid Complex

Formed over long periods of time as plant matter distills into complex organic substances, fulvic acid is a rich source of revitalizing compounds.



### Plant-Based Minerals

Unlike rock-based minerals, plant-based minerals found in seaweed provide dozens of trace minerals in their most bioavailable form.



### Natural Zeolite

Natural clinoptilolite zeolite is renowned as a master detoxifier that binds to heavy metals and other toxins while supporting the gut.



**Suggested Use:** Shake well. Add 2 mL to 8-10 ounces of filtered water daily and drink in the goodness.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



touchstone essentials

<https://optimalhealthcare.thegoodinside.com>